



User Manual

Activity Tracker

Model:21200



FCC ID: OU9L405-B02

Manufactured for Zewa, Inc.
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- ◆ Thank you very much for selecting Activity Tracker 21200.
- ◆ Please read the user manual carefully and thoroughly so as to ensure the safe usage of this product, Keep the manual well for further reference in case you have problems.

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★ Symbol Meaning


The warning signs and symbols are essential to ensure your correct and safe use of this product and protect you and others from injury. Please kindly find the meanings of the warning signs and symbols, which you may encounter in the label and user manual, as follows:

	Symbol for "ENVIRONMENT PROTECTION – Waste electrical products should not be disposed of with household waste. Please recycle where facilities exist. Check with your local authority or retailer for recycling advice"		Symbol for "MANUFACTURER"
			Symbol for "COMPLIES WITH EU REQUIREMENTS"
			Symbol for "THE OPERATION GUIDE MUST BE READ"




★ TFT Display

SYMBOL	DESCRIPTION
	Time/Date/Steps
	Activity - Counting steps/ Measuring heart rate
	Sleep monitoring
	Sport mode - Walking/Running/ Cycling/Yoga/Spinning
	Notifications

Symbol Meaning

SYMBOL	DESCRIPTION
	Weather
	Set alarms
	Tools - Control camera/ Find phone
	Settings
	Heart rate measuring
	Counting steps
	Control the camera of the smart phone remotely
	To find your phone
	Walking
	Outdoor running

Symbol Meaning

SYMBOL	DESCRIPTION
	Cycling
	Yoga
	Spinning bike

★ General Instructions

Zewa Activity Tracker 21200 can track your activity and aerobic fitness in anytime. It is designed to measure the walking steps, distance, consumed calories and dynamic heart rate.

This device has Bluetooth 5.0 technology, the user can set personal information such as height, weight, goal step and so on through the Bluetooth devices, and then the information can be downloaded to Activity Tracker 21200. The data in the Activity Tracker also can be uploaded to the device which supports the Bluetooth 5.0 technology. So the user can check it in anytime.

Main Features:

- support the Bluetooth 5.0 technology
- Single point of touch function and color display screen
- keep a record of the measuring data during 7 days
- display walking steps, walking distance, the consumed calories, dynamic heart rate, and so on.
- 24 hours heart rate monitoring
- Swimming water proofing
- Sleeping monitoring
- Accurate step-counting
- Automatic identify running function

★ Device Components



★ List

- Activity Tracker 21200 (Built-in Polymer Lithium Battery)
- User Manual

★ Activate Activity Tracker

To start to use the device, long press the touch key to light up the device.



★ Install the App and Pair-Up

Before you use the mobile device which supports Bluetooth 5.0 technology, please turn on the Bluetooth.

Download the Zewa-Fit PRO app from APP Store or Google Play.

Install the APP, and register an account. Then set your personal information (Gender, Birthday, Height, Weight, Name and so on).

The time on Activity Tracker will synchronize with the one on your mobile device. The measuring data will be transmitted to your device which supports Bluetooth 5.0 technology through the Bluetooth.

⚠ CAUTION

The device can't connect with the app or upload the data if the following situations appear:

- The Bluetooth is off, or unconnected with the Internet.
- Over the specified transmitting distance. The Bluetooth transmitting distance of Activity Tracker is ≤10 meters in the situation of no obstacle.
- The special QR code is not correct.
- The smartphone isn't in the list of compatible devices.

List of compatible devices:

For iOS devices:

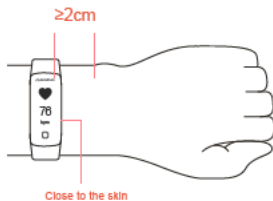
The operating system must be iOS 8 or more, such as iPhone 4S, iPhone 5/5C/5S, iPhone 6/6 Plus and above.

For Android devices:

The operating system must be 4.3 or more.

★ Tie the wristband

Must make the touch key towards the inner side of body. The heart rate sensor must be close to the skin. The distance between wristband and wrist should be 2 cm or more.



★ Battery Charging

When the TFT displays the following symbol, it reminds you the battery is used up, you need to charge the power at once.



Pull out the wristband then insert the device's charging port into the USB charger to finish charging.



When the device is charging the power, the TFT will display as the following picture, The power symbol blinks.

The battery capacity goes from 0 to current .



⚠ CAUTION

The Mini USB port is only used for charging the power, but can not be used for transmitting the data to the computer.

Batteries (battery pack or batteries installed) shall not be exposed to excessive heat such as sunshine, fire or the like.

The charging input voltage is 5V.

★ Light It Up

Light up the Activity Tracker as the below steps:



Tap the touch key

OR



Rotating your wrist

If there is no operation, it will turn off in 5 seconds.

★ How to Use

Follow the tips in the manual to wear the Activity Tracker . Then it can start the measurement.



Start Walking



10 Steps



More than 10 steps

The measuring data will be transmitted to your device which supports Bluetooth 5.0 technology if you have paired up with it.

★ Check the Data

Following the steps of LIGHT IT UP to read the data you want.

Tap the touch key at any time to light up the Activity Tracker , it will display the time first. Tap the touch key each time, it will display the data according order set from Zewa APP. If there is no operation, it will turn off in 5 seconds.

⚠ CAUTION

Notes: The data of the day will be cleared to zero automatically when the time is 0:00. The data cannot be cleared to zero manually.

The device only stores the latest 7 day's heart rate data, the data will be deleted if it's over 7 days.

★ Heart Rate Detection

The default mode of heart rate detection is ON. If you set it off, it will stop heart rate measurement. If you set it on, the indicator with green light will be on for continuous heart rate detection.



Detect heart rate.

★ Display Settings

You can decide which screen you want to display on the Activity Tracker. Simply long press the main screen and it switches to a different design (3 displays to choose from).

Follow these steps to navigate between the 9 main screens and each of the sub menus.

★ Home Screen

Home screen displays current time, steps, calories, distance. You can choose from 3 different home screens. Simply long press on the home screen and it switches to another design. Short press the home screen and it will display the activity main screen.

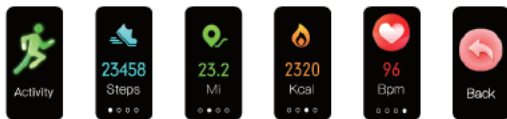
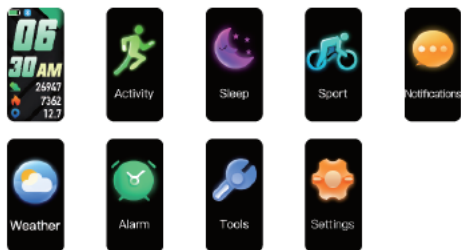


★ Navigate Activity Tracker Menus

The Activity Tracker consist of main screens and submenus. The 9 main screens are: Home, Activity, Sleep, Sport, Notifications, Weather, Alarm, Tools, Settings. To navigate between those 9 menus, short press the touch key located at the bottom of the Activity Tracker display. To enter a main screen and see submenus, long press the touch key.

★ Activity

Long press the Activity screen opens activity submenus; Steps, Distances, Calories, BPM. Short press each screen to move to the next screen. Once you reach Back, long press on back and it returns to the main Activity screen. Short press the main Activity screen moves to the main sleep screen.



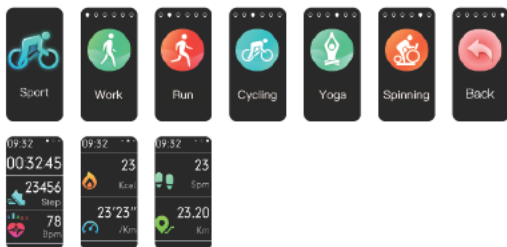
★ Sleep

Long press the Sleep screen opens sleep data. Long press the sleep data screen returns to the main sleep screen. Short press the main Sleep screen moves to the main Sport screen.



★ Sport

Long press the Sport screen opens sport submenus; Walk, Run, Cycling, Yoga, Spinning, Back. Short press each screen to move to the next screen. Long press any sports mode to start a program. Once you reach Back, long press on back and it returns to the main Sport screen. Short press the main Sport screen moves to the main Notifications screen.



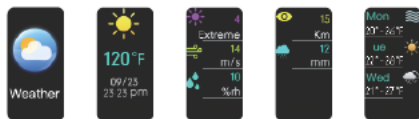
★ Notifications

Long press the Notifications screen opens notifications. Short press the notifications detail page to move to next notification. Long press the notifications detail screen and it returns to the main Notifications screen. Short press the main Notifications screen moves to the Weather screen.



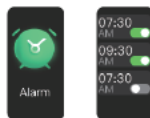
★ Weather

Long press the Weather screen opens the weather submenus; short press each screen to move to the next screen. Long press any screen and it returns to the main weather screen. Short press the weather screen moves to the Alarm screen.



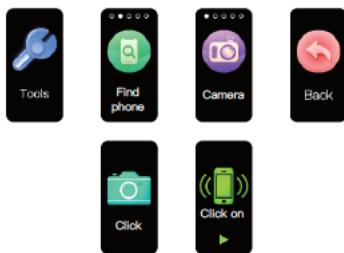
★ Alarm

Long press the Alarm screen opens the alarm submenu. Program up to 5 alarms. Long press the Alarm submenu returns to the Alarm main screen. Short press the alarm screen moves to the Tools screen.



★ Tools

Long press the Tools screen opens the Tools submenu; Camera (used to activate phones camera), Find phone (used to find phone). Once you reach Back, long press on back and it returns to the main Tools screen. Short press the main Tools screen moves to the main settings screen.



★ Settings

Long press the Settings screen opens the Settings submenu; Brightness, Language, QR Code, About, Power Off, Factory mode, back. Short press each screen to move to the next screen. Long press any settings screen to make changes. Once you reach Back, long press on back and it returns to the main Settings screen. Short press the main Settings screen moves to the Home screen.



★ Troubleshooting

Problem	Root Cause	Solution
Abnormal measuring results: Huge difference between two recent measurement.	Incorrect portable fashion make the device has irregular shaking.	Use the correct portable fashion, avoid that the Activity Tracker has irregular shaking.
	Less than 10 steps	Continue to walk more than 10 steps.
	Slide or wearing the slippers to walk.	Walk in a normal way.
No display on TFT when the device powers on.	The power is not enough.	Charge power in time.
Data transmission failed.	Bluetooth is OFF.	Turn ON the Bluetooth.
	The App is OFF.	Press the icon to turn ON your app.
	Out of range of Bluetooth transmission.	Place your device which supports the Bluetooth 5.0 technology close to the Activity Tracker.

★ Specifications

Product Name	Activity Tracker 21200
Dimension	Whole size: Approx. 241 mm x 21mm x 13mm (including the wristband)
Weight	Approx. 22 g (including the wristband)
Display	0.96" TFT 160*80 touch button
Steps	0-99999 steps
Calories	0-9999 kcal
Distance	99.99 km
Heart rate	Range: 30 beat/min~200 beat/min
Running hour	When the battery is fully charged, it can be used about 5 days (heart rate function is open), or about 30 days (heart rate function is closed).
Power Source	3.7V / 5.0V 120mAH polymer lithium battery
Working Environment	Temperature: 0 C to 40 C Relative Humidity: ≤90% RH Atmospheric Pressure: 80 kPa ~ 106 kPa
Storage Environment	Temperature: -20 C to 60 C Relative Humidity: ≤90% RH
Protection against ingress of water	IP68
Accessories	1. One Wrist Band 2. User Manual

WARNING No modification of this equipment is allowed. **About the Accuracy of This Product**

This product passes strict inspection before delivery and therefore its accuracy is guaranteed by the manufacturer. Please refer to the above table for the descriptions on accuracy.

★ Maintenance

When carrying out usual maintenance, please ensure practice of the following Do's and Don'ts:

- DO use a dry soft cloth to wipe the dust.
- DO use a wet soft cloth, dipped into water and wrung out, to wipe the dirt. Then use a dry soft cloth to dry up the device.
- DON'T wash the device with water or immerse it in water.
- DON'T use propellant, abrasive or other chemicals to wipe the dirt in avoidance of discolor or malfunction.
- DON'T disassemble this device. If you have any problems, please contact Zewa.
(Please refer to Warranty for contact information)
- Charge the power once for every week, or at least once for one month, if the device is not likely to be used for a long time.

★ Warranty

- Zewa warrants its products free of defects in materials and workmanship in normal use for a period of TWO years from the date of retail purchase.
- This warranty does NOT cover damages caused by misuse or abuse, including but not limited to:
 - Failure caused by unauthorized repairs or modifications;
 - Damage caused by shock or drop during transportation;
 - Failure caused by improper operation inconsistent with the instructions stated in this user manual;
 - Malfunction or damage from failure to provide the recommended maintenance;
 - Damage caused by improper use of power supply.
- Should this device require maintenance (or replacement at our option) under warranty, please deliver the original package to Zewa prepaid. Please return the store receipt (with the retail purchase date) and a note with reasons to return on it as well.

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★ Warning

While your Activity Tracker is designed to be worn 24/7, its components are electronic and susceptible to damage if used improperly. Please read the safety guidelines on the following pages to ensure proper use and care.

★ Activity Tracker Care

- Do not expose your Activity Tracker to liquid, moisture, humidity, or rain while charging. Exposure of the Activity Tracker to moisture while charging could result in electric shock.
- Do not tamper with or abuse the Activity Tracker. For example, without limitation, do not drop, disassemble, open, crush, excessively bend, deform, puncture, shred, microwave, incinerate, paint, or insert foreign objects into the Activity Tracker.
- Do not use abrasive cleaners to clean your Activity Tracker.
- Do not expose your Activity Tracker to extremely high or low temperatures.
- Do not leave your Activity Tracker near open flames such as cooking burners, candles, or fireplaces.
- Do not bring your Activity Tracker into contact with any sharp objects. This could cause scratches and damage.
- Do not insert anything into your Activity Tracker unless otherwise specified in the user instructions. This may damage the internal components.
- Do not attempt to repair, modify, or disassemble your Activity Tracker; it does not contain any user-serviceable components.

★ Built-in Battery Care

- Do not attempt to replace your Activity Tracker's battery. It is built-in and not changeable.
- Only charge the battery in accordance with the user instructions supplied with the Activity Tracker.
- Avoid charging your Activity Tracker in extremely high or low temperatures.
- Do not wear your Activity Tracker while you are charging it.
- Do not attempt to disassemble the Activity Tracker or force open the built-in battery.
- Do not clean the Activity Tracker when it is being charged. Always unplug the charger first before cleaning the Activity Tracker.
- Do not dispose of your Activity Tracker in a fire. The battery could explode causing injury or death.

★ Health Disclaimer

WARNING: THIS Activity Tracker IS NOT A MEDICAL DEVICE. The Activity Tracker and its associated applications should not be used to diagnose, treat, or prevent any disease or medical condition. Always seek the advice of a qualified medical professional before making any changes to your exercise, sleep or nutrition, as doing so may cause severe harm or death.

★ Other Notes

- Dispose of the Activity Tracker, the Activity Tracker's battery in accordance with local regulations. Do not dispose of the battery with regular household waste.
- Recycle your package in accordance with local regulations.

★ FCC Statement

FCC ID: OU9L405-B02

This device complies with Part 15 of the FCC Rules. Operation is subject to the following two conditions: (1) this device may not cause harmful interference, and (2) this device must accept any interference received, including interference that may cause undesired operation.

- **Caution:** The user is cautioned that changes or modifications not expressly approved by the party responsible for compliance could void the user's authority to operate the equipment.
 - **NOTE:** This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to Part 15 of the FCC Rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation. This equipment generates, uses and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio communications. However, there is no guarantee that interference will not occur in a particular installation.
 - If this equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one or more of the following measures:
 - Reorient or relocate the receiving antenna.
 - Increase the separation between the equipment and receiver.
 - Connect the equipment into an outlet on a circuit different from that to which the receiver is connected.
 - Consult the dealer or an experienced radio/TV technician for help.
- FCC Radiation Exposure Statement:
- This equipment complies with FCC radiation exposure limits set forth for an uncontrolled environment.
 - This transmitter must not be co-located or operating in conjunction with any other antenna or transmitter.